

## **TREATMENT POLICIES AND FEE AGREEMENT**

### **Confidentiality:**

The patient-physician relationship indicates that the information you disclosed to your physician during the course of the treatment is kept confidential. The purpose of maintaining patient confidentiality is to allow you to feel free to make a full and frank disclosure of information to the physician. Dr. Mohandessi will not disclose any patient information to others unless given specific permission in writing to do so. In the unlikely event that Dr. Mohandessi is required to release patient information, he will first attempt to obtain your permission. If permission is unattainable or not given, Dr. Mohandessi will do his best to disclose as little information as possible and protect your confidentiality.

However, there are certain exceptions to patient confidentiality that are mandated by law. Situations where confidentiality may need to be broken include the following:

- If the physician believes the patient to be at risk of bodily harm to him or herself or to another individual;
- If the physician believes the patient is abusing a child, elderly person, or disabled person; and
- If the physician believes the patient is unable to adequately care for their basic needs such as food, clothing, or shelter.

Additionally, under federal privacy regulations, covered entities (including most physicians) may release patients' protected health information without authorization only to facilitate treatment, payment, or health care operations. Mohandessi Psych, LLC and Dr. Mohandessi are in compliance with the Health Insurance Portability and Accountability Act (HIPAA) of 1996 and if you have any questions regarding the confidentiality of your medical information, please ask.

### **Appointments:**

Dr. Mohandessi's Initial Evaluation may last up to 90 minutes. Subsequent appointments, if needed, may be 15 to 50 minutes in length. The length of appointments is dictated by medical necessity and will vary from case-to-case. After the Initial Evaluation and the Diagnostic Phase are complete, Dr. Mohandessi will share with you his findings and recommendations.

If Dr. Mohandessi should recommend continued treatment and both you and Dr. Mohandessi agree that he will provide you with that treatment, then Dr. Mohandessi will become your psychiatrist. Any crises that may occur before Dr. Mohandessi becomes your psychiatrist must be handled through your existing physician, healthcare provider, medical clinic, urgent care center, or emergency department.

Once you have entered treatment with Dr. Mohandessi, you will be able to schedule appointments, request medication refills, and obtain appropriate referrals. It is best to call with appointment and medication refill requests well in advance and at least one-week prior to running out of medication. Dr. Mohandessi will do his best to accommodate your needs but cannot be expected to take extraordinary steps to meet your needs.

**Cancellations:**

Dr. Mohandessi requires advance notice of appointment cancelations. If you wish to cancel or reschedule your appointment, please give Dr. Mohandessi at least one-week advance notice. If you cancel an appointment with less notice, Dr. Mohandessi will attempt to fill your original appointment time with another patient. If Dr. Mohandessi is not able to fill your original appointment time, you may be charged a \$100 cancelation fee.

If you do not show for your appointment, you may be charged the full fee for the missed appointment. Repeat cancelations or missed appointments may be grounds for termination of treatment. Please notify Dr. Mohandessi in advance of any extended periods of absence.

**Standard Fees:**

Below you will find Dr. Mohandessi’s Standard Fee for services. These fees may change periodically. You are required to pay your fees in full by cash, check, credit or debit at the time of your appointment. If you are unable to pay at the time of your appointment, please notify Dr. Mohandessi or his office prior to the beginning of your appointment.

- |   |                  |          |
|---|------------------|----------|
| • Initial Evaluation                      | 60-90 minutes    | \$290.00 |
| • Psychotherapy and Medication Management | 40-50 minutes    | \$190.00 |
| • Psychotherapy only                      | 40-50 minutes    | \$140.00 |
| • Psychotherapy and Medication Management | 20-30 minutes    | \$150.00 |
| • Psychotherapy only                      | 20-30 minutes    | \$100.00 |
| • Medication Management only              | up to 20 minutes | \$120.00 |

**Payments:**

You are responsible for all fees and charges for services rendered. You are required to make payment including fees, co-pay, and co-insurance at the time of your appointment. Payments may be made by cash, check, credit card, or debit card. **Checks should be made payable to Mohandessi Psych, LLC.** Payments that are returned due to insufficient funds will incur an additional \$50 reprocessing fee to the balance owed. If not promptly paid, Mohandessi Psych, LLC reserves the right to transfer any unpaid bills or balances to a third-party collection agency for resolution.

Dr. Mohandessi accepts Regence/BCBS, Providence/PBH and Health Net/MHN health insurance plans. If you have any other medical insurance, your insurance provider may designate Dr. Mohandessi as an out-of-network provider. You may need to contact your insurance provider to inquire whether you have out-of-network coverage.

Dr. Mohandessi does not accept any form of Medicare or Medicaid insurance.

If you have any questions regarding the Mohandessi Psych, LLC Treatment Policies and Fee Agreement, please call (503) 481-9441.

**BY SIGNING BELOW, YOU DECLARE THAT YOU HAVE READ THE ABOVE TREATMENT POLICIES AND FEE AGREEMENT AND AGREE TO THE TERMS.**

\_\_\_\_\_  
Patient Name—Print

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date